

MUKTI MALAYA

Annual Report 2024-25

Sports and Games for 2024-25

Volleyball Tournament at Tala Kanti Village

The year 2024-25 saw a significant sporting event in the village of Tala Kanti, where Mukti Malaya supplied **33 sets of volleyball nets and volleyballs** to encourage athletic engagement among tribal youths. A **two-day volleyball tournament** was organized for **22 different teams**, with **21 teams actively participating** in a structured competition.

The tournament structure followed a **knockout format**, with each match lasting **30 minutes**. Teams were divided into **four groups**, and the winners from each group advanced to the **semi-finals**. From there, **two victorious teams—U. Ganjeipadar and Deomali Pastor—progressed to the final round**. After an



intense match, **U. Ganjeipadar emerged as the tournament champion**, while **Deomali Pastor secured the runner-up position**.

To recognize their achievement, **the winning team was awarded a Gold Cup and a cash prize of ₹3,000**, while **the runner-up team received a smaller gold cup and ₹2,000**. The event was not just a competition but a

celebration of **team spirit, dedication, and sportsmanship**.

On the final day, the **Pottangi Block Chairman, Zilla Parishad, and Ex-MLA** attended the **prize distribution ceremony**, adding to the significance of the event. To further **celebrate the spirit of the tournament**, a **cultural dance performance** was staged, providing a vibrant and joyful atmosphere for **participants, guests, referee teams, and viewers**.



The Impact of Sports and Games on Individuals, Groups, and Society



1. Benefits for Individuals

- **Physical Well-being:** Regular participation in sports enhances **physical fitness, strength, endurance, and coordination**. It promotes a healthy lifestyle and reduces health risks such as obesity and heart disease.

- **Mental Health & Discipline:** Sports foster **mental resilience, concentration, and discipline**, helping individuals stay **focused, goal-oriented, and emotionally balanced**.

- **Self-Confidence & Leadership:** Competing and succeeding in sports build **self-confidence** and cultivate **leadership skills** that can be valuable in personal and professional life.

2. Impact on Groups and Team Dynamics

- **Teamwork & Cooperation:** Sports encourage **effective communication, collaboration, and trust among team members**, strengthening relationships and camaraderie.
- **Inclusivity & Social Bonding:** By bringing together people from different backgrounds, sports create a **sense of belonging and unity** within groups.



- **Healthy Competition & Sportsmanship:** Games teach valuable lessons in **fair play, respect, perseverance, and handling victories and defeats with grace**.

3. Contribution to Society and Community Welfare

- **Youth Development & Skill Building:** Organized tournaments like the one in Tala Kanti empower **young individuals by teaching discipline, coordination, and problem-solving skills**.

- **Crime Reduction & Positive Engagement:** Encouraging sports **diverts youth from negative influences** like substance abuse and crime, providing them with a **constructive outlet** for energy and aspirations.
- **Cultural & Social Integration:** Sporting events **bridge gaps between communities, foster friendships, and uphold local traditions**, strengthening societal harmony.
- **Economic & Career Opportunities:** Exposure to competitive sports may lead to **professional opportunities, scholarships, and careers in athletics**, offering individuals a brighter future.

4. Suppression of Communal Tension & Caste-Based Division

Sports

play a crucial role in promoting unity across caste, religion, and ethnic groups by breaking down stereotypes and fostering mutual respect. The Tala Kanti Volleyball Tournament is a perfect example—tribal youths from different backgrounds competed together, highlighting the power of sports in creating an inclusive society.



1. **Breaking Social Barriers:** When individuals compete as teammates, differences in caste, faith, or social status become secondary to collective goals.
2. **Encouraging Brotherhood & Solidarity:** Sharing victories and defeats cultivates deep friendships, strengthening communal harmony.



3. **Uniting Diverse Groups:** In a world often divided by identity, sports create an environment where all players are equal, diminishing prejudice and fostering unity.

4. **Peace & Reconciliation:** Sporting events encourage healthy interactions between groups, reducing conflicts and promoting peaceful coexistence.

Conclusion

The volleyball tournament in Tala Kanti village was more than just a competition; it exemplified how sports can unite communities, foster growth, and empower individuals. The volleyball tournament was a remarkable demonstration of how sports transcend boundaries, fostering individual growth, team unity, and social progress. The tournament not only showcased

The



athletic talent but also reinforced the value of harmony, collaboration, and mutual respect, helping reduce societal divisions.



Sports remain a powerful medium for bridging differences, ensuring that communities, regardless of background, thrive together in an atmosphere of friendship and inclusivity. Investing in sports strengthens youth, reduces tension, and builds a more cohesive and peaceful society. Investing in sports and games always remains a powerful tool for holistic community development and youth empowerment, paving the way for a healthier, more engaged, and cohesive society.

Mukti Malaya Cultural & Talent Show

Introduction



Mukti Malaya proudly organized two grand cultural and talent shows in Jeypore and Harish Chandra Nuaguda in December 2024 and March 2025, serving as a dynamic platform for artistic expression and cultural celebration. Participants from 23 villages and slums across Jharigam, Dabugam, Kodinga, Pottangi, and Jeypore, Semiliguda blocks of Nabarangpur and Koraput districts came together to showcase their skills, heritage, and traditions.

These events were much more than competitions; they were vibrant demonstrations of tribal artistry, deep-rooted customs, and the colorful essence of indigenous cultures. From mesmerizing traditional dance performances to soul-stirring songs, each presentation carried the legacy of tribal communities, reinforcing their identity while fostering a collective spirit of appreciation. The talent showcase reflected the inherent creativity within these communities, affirming that art is not merely a pastime but a crucial aspect of cultural preservation and personal empowerment. Mukti Malaya preserving artistic heritage in tribal communities.



Impact & Benefits

Preservation of Tribal Dance Forms & Cultural Identity

Tribal dances are more than performances—they are expressions of history, spirituality, and communal life. The competition placed a strong emphasis on preserving traditional dance forms, particularly the winning performance from Badamanjari, which beautifully captured the rhythmic storytelling of their ancestors. The dancers, adorned in vibrant tribal attire with intricate designs and symbolic ornaments, brought to life rituals and folklore through



and folklore through their movements. This showcase inspired younger generations to take pride in their heritage, ensuring that these art forms continue to thrive.



The event also bridged the cultural gap between urban and rural participants, exposing audiences to the richness of tribal customs. Jeypore Slum, securing second place,

demonstrated how indigenous art seamlessly integrates into evolving societal contexts, proving that tradition and modernity can coexist harmoniously.

Event Highlights

Tribal Dance Competition

- **First Place:** Badamanjari
- **Second Place:** Jeypore Slum
- **Third Place:** Nunpani

Songs Competition

- **First Place:** Shivani
- **Second Place:** Mousumi
- **Third Place:** Sameer

Talent Show

- **Winners:** Pradeep and Christopher

Children's Program

- **Winner:** Angelina



Individual Growth

- Encouraged self-expression, confidence, and creativity.
- Enhanced participants' artistic skills, promoting future opportunities.
- Provided motivation for individuals to pursue arts and performance beyond the competition.

Community Bonding

- Strengthened communal ties by bridging cultural and social gaps among villages and slums.
- Encouraged inter-community interactions, fostering mutual respect and appreciation.
- Created a network for aspiring artists and cultural enthusiasts to engage further.



Societal Development

- Preserved and promoted traditional tribal dances, ensuring cultural continuity.
- Generated enthusiasm for art and talent in younger generations, securing cultural heritage.
- Empowered marginalized groups by providing them with a stage to showcase their abilities.

Empowerment through Songs & Music

Music serves as the emotional thread that binds communities, and the songs competition illustrated the raw, unfiltered expressions of tribal life. Whether celebrating harvest seasons, narrating stories of resilience, or invoking spiritual connections, each performance carried deep significance.



Winners Shivani, Mousumi, and Sameer not only displayed vocal excellence but also embodied the diverse musical traditions of their respective backgrounds. Their renditions reflected the lyrical poetry ingrained in tribal cultures, which often recount tales of struggle, love, and community unity. The competition empowered artists by giving them a

space to be heard and appreciated beyond their local surroundings, encouraging many to further refine their musical talents.

Encouraging Talent & Artistic Innovation

The talent show was a testament to the boundless creativity thriving within these communities. Pradeep and Christopher's performances demonstrated innovative storytelling, skillful artistry, and a fresh perspective on traditional crafts. This recognition has strengthened the belief among individuals that talent, when nurtured, can open doors to greater opportunities.



Similarly, the children's program winner, Angelina, stood out as an emerging beacon of artistic promise. The involvement of young participants instilled confidence and curiosity, reinforcing the idea that early exposure to cultural events contributes to lifelong artistic development.

Social & Community Benefits

The widespread participation from multiple blocks and villages fostered unity and collaboration. The event served as a melting pot where diverse tribal customs merged, promoting understanding among different communities. The talent show and performances also encouraged engagement beyond competition, with participants exchanging skills, stories, and traditions.



Additionally, the celebration of culture and creativity instilled a sense of pride among marginalized communities, enabling them to reclaim their narratives and showcase their contributions to society. This initiative by Mukti Malaya strengthened communal relationships, paving the way for future cultural endeavors.

Conclusion

The Mukti Malaya Cultural & Talent Shows in Jeypore and Harish Chandra Nuaguda were more than mere festivities—they were powerful affirmations of talent, heritage, and communal harmony. By spotlighting tribal dance, music, and artistic skills, the events nurtured confidence, preserved traditions, and encouraged broader recognition of indigenous cultures. The positive impact on individuals, groups, and society at large will resonate for years to come, inspiring new generations to uphold and celebrate their cultural identities.

This triumph of cultural expression marks a promising path for future initiatives aimed at uplifting and preserving artistic heritage in tribal communities.

Mukti Malaya proudly organized two vibrant cultural and talent shows in Jeypore and Harish Chandra Nuaguda in December 2024 and March 2025. These events brought together participants from 23 villages and slums across Jharigam, Dabugam, Kodinga, Pottangi, and Semiliguda blocks of Nabarangpur and Koraput districts. With an emphasis on tribal dance, songs, and various talents, these programs served as a platform for cultural exchange, personal growth, and community enrichment.

Conclusion

The cultural and talent shows of Mukti Malaya in Jeypore and Harish Chandra Nuaguda demonstrated the immense potential of artistic expression in shaping communities. Through these events, individuals gained confidence, villages strengthened their unity, and society at large benefited from enriched cultural understanding. The success of these programs will undoubtedly inspire future initiatives aimed at uplifting and celebrating local talent.

Looking forward to another year of cultural brilliance!



Youth Motivational Program

Organized by: Mukti Malaya

Venue: Harish Chandra Nuaguda

Duration: Two Days

Participants: 300+

Focus Areas: Education, Employment,
Environment, and Enrichment

Resource Persons: Mr Christodan Takri

Mr. Bijay Kumar Saga

Mrs. Puspanjali Bhatra



Introduction



participants.

Mukti Malaya successfully organized a **two-day Youth Motivational Program** at Harish Chandra Nuaguda, with the aim of inspiring and equipping young individuals for a better future. The participants from Jharigam, Kodinga, Dabugam blocks of Nabarangpur and Jeypre, Semiliguda and Pottangi from Koraput district. The event combined **educational and cultural elements**, fostering motivation, awareness, and practical learning among

Objectives of the Program

The program was designed to:

- Promote awareness and enthusiasm for **education and career development**.
- Provide **guidance on employment-oriented studies and skill-building**.
- Encourage **environmental conservation and community service**.
- Foster **enrichment of life through stress management, physical well-being, and spiritual growth**.



Educational Session

1. Importance of Education



Education is the foundation for individual growth and societal progress. The program emphasized **continuing school and college education** with the support of available government schemes. Encouraging students to pursue learning despite obstacles was a key focus.

2. Career-Building Talks

Students were guided on various **career-building opportunities**, covering different professions. The speakers highlighted the importance of aligning studies with employment needs and exploring diverse fields for personal and professional growth.

3. Effective Use of Technology for Learning

With the rise of digital tools, students learned **how to utilize mobile apps for improving studies**. These apps can enhance learning efficiency, provide resources, and support time management for better academic success.

4. Time Management and Personal Discipline

Proper time management is crucial for achieving goals. The program provided insights on **how to effectively allocate time**, prioritize tasks, and avoid distractions that hinder progress.



5. Building a Positive Lifestyle



Living a **pure and disciplined life** in a challenging environment was emphasized. Awareness was spread on the **harmful impact of drugs and social evils**, guiding youth toward healthier habits and meaningful pursuits.

Employment-Oriented Training

1. Communication Skills

Strong communication skills are essential for success. Participants were trained in **verbal and written communication techniques**, including public speaking, workplace communication, and interview readiness.

2. Employment-Oriented Studies

Education should be aligned with real-world employment opportunities. The program focused on **choosing courses and skill-building programs** that lead to meaningful careers.

3. Preparation for Exams & Interviews

Students were guided on how to **prepare for competitive exams and job interviews**, emphasizing the importance of systematic study and confidence-building exercises.



4. Digital Literacy for Career Growth



In today's world, **computer literacy and technical skills** are vital. The program encouraged learning digital tools and online platforms to enhance job prospects and professional skills.

Environmental Awareness

1. Planting Trees and Village Cleanliness

The program highlighted the need for **environmental conservation** through tree plantation drives and cleanliness initiatives in villages to maintain hygiene and sustainability.

2. Helping Elderly Citizens

Youth were encouraged to **support older and elderly individuals**, fostering a spirit of compassion and social responsibility within the community.

3. Traffic Awareness and Safe Road Behavior

Following **traffic rules and responsible road behavior** ensures safety for all. Students were educated on **road safety practices** to reduce accidents and promote disciplined driving habits.



4. Responsible Social Media Usage

Social media platforms like **WhatsApp and Facebook** can be used positively for learning and awareness. The program educated youth on **making better use of digital platforms** to spread knowledge and constructive messages.



Enrichment & Personal Development

1. Leading a Joyful and Stress-Free Life

Mental and emotional well-being are essential for a fulfilling life. The program provided **techniques for stress management**, mindfulness, and daily happiness.

2. Yoga & Physical Exercise

Health is wealth, and **regular yoga and physical activities** help maintain fitness, boost immunity, and enhance concentration and mental clarity.

3. Spiritual and Devotional Growth

A balanced life includes **spiritual well-being**. Participants learned about the **importance of devotion, meditation, and self-awareness** to maintain a harmonious mind, soul, and spirit.

The youth motivational programs follow best practices that ensure engagement, empowerment, and long-term impact. Here are some key strategies:



1. Positive Youth Development Approach

Programs focus on **building strengths** rather than just addressing problems. They emphasize **competence, confidence, connection, character, and caring**, helping young people develop holistically.

2. Community Involvement & Mentorship



Successful programs involve **mentors, educators, and community leaders** who guide youth through challenges. **Strong relationships** with supportive adults help young people feel valued and motivated.

3. Skill-Based Learning & Career Readiness

Programs integrate **practical skills training**, including **communication, leadership, and digital literacy**, ensuring youth are prepared for employment and personal growth.

4. Safe & Inclusive Spaces

Creating **safe environments** where youth feel heard and respected is crucial. Programs encourage **open discussions, peer support, and inclusivity**, fostering a sense of belonging.

5. Experiential Learning & Hands-On Activities

Rather than relying solely on lectures, effective programs use **interactive workshops, role-playing, and real-world projects** to engage youth in meaningful learning experiences.



6. Encouraging Civic Engagement & Social Responsibility

Youth are encouraged to **participate in community service, environmental initiatives, and leadership roles**, helping them develop a sense of responsibility and purpose.



7. Mental Health & Well-Being Focus

Programs incorporate **stress management, mindfulness, and emotional resilience training**, ensuring youth can navigate challenges while maintaining mental well-being.

The Journey of Samir Jal

Samir Jal sat at his modest wooden desk, a notebook filled with scribbled notes in front of him. He was an attendee of the **Youth Motivational Camp**, a two-day event that had changed the way he looked at life, education, and his future. Until now, his preparation for the **administrative exams and interviews** had felt like a daunting task, a mountain too steep to climb. But now, everything seemed possible.

At the camp, he had listened intently to **Mr. Christodan Takri and Mr. Bijay Kumar Sagar**, their words echoing in his mind—**education is the gateway to empowerment**, and he must **keep learning, keep growing**. His once-wavering confidence was now firm.

Determined, he revised his **time management strategy**, recalling how the speakers had emphasized the importance of discipline. He deleted unnecessary apps from his phone and downloaded a few that could help him **improve his studies**. He scheduled his day meticulously, balancing his studies with moments of rest and reflection.



But his ambition wasn't just personal—he wanted to serve society, to bring real change. The discussions on **environmental responsibility** and **community service** had inspired him. On weekends, he started a small initiative, gathering local students to **clean their neighborhood** and **plant trees**, bringing the village together for a common cause.

More than anything, he wanted to **help people rise**, just as the camp had helped him. He guided younger students on **career choices**, taught them **how to prepare for interviews**, and encouraged them to dream big. He shared what he had learned about **communicational skills**, **stress management**, and **the responsible use of social media**.



His **spiritual growth** had also deepened. The session on **devotional life** had taught him how faith and inner peace could **fuel a strong, disciplined mind**. He started practicing **yoga** in the mornings, understanding now that a **healthy body supported a healthy mind**.

He knew this was just the beginning. Whether through his future role in administration or his personal initiatives, he was committed to **using his knowledge and passion to uplift his community**. The **Youth Motivational Camp** had sparked a transformation that would last a lifetime.

And Samir Jal was ready to make a difference.



Conclusion

The **Youth Motivational Program** was a **great success**, equipping young individuals with the knowledge and inspiration to lead productive, disciplined, and fulfilling lives. With continued support from the **government and funding agencies**, similar initiatives can be expanded to transform the youth into responsible citizens and future leaders.

The Success Story of Twelve Girls in Nursing Training

Introduction

Education has the power to break cycles of poverty and transform lives. For twelve young women from Koraput and Jajpur districts, the dream of higher education once seemed unattainable due to financial constraints. Coming from families below the poverty line, they faced immense difficulties in pursuing further studies. However, thanks to the compassionate intervention of Mukti Malaya, they are now on a path of success, undergoing nursing training at GKF Nursing Institute in Bhubaneswar.



Overcoming Barriers

Financial hardship was the primary obstacle standing in the way of these girls' aspirations. Higher education, especially professional courses like nursing, requires significant investment in tuition, coaching, and boarding fees—expenses they simply could not afford. Without support, their futures would have been uncertain, their potential left untapped.

Recognizing their struggle, Mukti Malaya stepped in as a beacon of hope. The organization ensured their admission and provided financial support, covering coaching fees, boarding, and essential expenses. They also secured stipends for the girls, allowing them to focus on learning without worrying about financial burdens.

A New Beginning: Nursing Training & Skill Development

Now enrolled in the General Nursing and Midwifery (GNM) and Bachelor of Science in Nursing (BSc Nursing) programs, these young women are thriving. Their training involves both theoretical learning and hands-on experience in medical settings. They are acquiring essential skills in patient care, emergency response, and health education—skills that will empower them to serve communities in need.

Beyond technical training, they are also developing confidence, leadership abilities, and resilience. They are proving that with determination and the right support, any obstacle can be overcome.



Impact on Families & Communities

Their success is not just personal; it is a victory for their families and communities as well. As future nurses, they will play a crucial role in improving healthcare in underserved areas. Their work will ensure that patients receive quality care, and they will contribute to health education initiatives, raising awareness about

medical practices and hygiene.

Additionally, their achievements inspire other young girls facing similar difficulties, proving that poverty does not have to limit one's dreams. With dedication and the right support system, aspirations can be realized.

Mukti Malaya's Ongoing Support

Mukti Malaya remains committed to standing by these students until they complete their training. This unwavering support guarantees that their education journey remains uninterrupted and that they can confidently step into professional roles upon graduation.

Conclusion

The story of these twelve young women is a testament to the power of education, support, and determination. Their success serves as an inspiration, proving that when opportunities are provided, lives can be transformed. They are no longer defined by financial hardship but by their commitment to a brighter future.

With their upcoming careers in healthcare, they will give back to society, making a meaningful difference in the lives of many. Their journey is one of hope, resilience, and empowerment—a true success story.

Medical Help

The Fragility of Life: A Reflection on the Loss of a Teenager



Life is unpredictable, and sometimes its harshest realities strike without warning. The tragic passing of young Anush Takri is a painful reminder of the fragility of human existence. A promising teenager with his whole future ahead, Anush's journey was cut short by the relentless grip of bone marrow and blood cancer. Despite every effort—from medical interventions to unwavering community support—his battle came to an untimely end, leaving behind grief that words can never fully capture.

Anush was a teenager, full of dreams, laughter, and an untold future waiting to unfold. He was not meant to be fighting for his life in hospital corridors. He was meant to be learning, growing, and experiencing the beauty of the world. Yet, fate had different plans. When the diagnosis came—bone marrow and blood cancer—it was as if time had stopped for his family.

His mother and brother, already burdened by life's hardships, were thrust into a reality too painful to bear.

As the illness consumed him, hopelessness crept into their home. His mother, desperate to save her son, was drowning in despair. His brother, unable to process the cruelty of it all, fell into deep sorrow. No words could mend their broken spirits, no comfort could lessen their pain.

The Fight Against Time



Anush's diagnosis was devastating, not only for him but for his family, who struggled emotionally and mentally. His mother and brother faced deep despair, watching helplessly as his condition worsened. Mukti Malaya, alongside a group of dedicated volunteers, stepped in with hope and determination, ensuring Anush received immediate medical care.

From district hospitals to advanced cancer treatment centers, every possible avenue was explored. Funds were raised, people came together, and doctors fought hard to save him. Despite the pain and suffering, Anush showed courage, enduring weeks of chemotherapy and medication. There were moments of hope, of visible improvement, but cancer is relentless—it does not play by the rules. Just when it seemed he was regaining strength, his health deteriorated rapidly. In the end, despite the best medical efforts, his life slipped away.

The Unbearable Loss

A teenager's death is not just the loss of one life—it is the loss of dreams, aspirations, and untapped potential. It casts a shadow over the family, leaving them in an abyss of grief. The journey from hope to despair, from hospitals to home, from moments of improvement to sudden decline, is one no family should have to endure. Yet, there are times when even the most advanced treatments cannot defy fate.

Mukti Malaya's commitment did not end with medical support. In the darkest hours, they ensured his body was brought home respectfully, giving his family the dignity to say their final goodbyes. But the weight of this loss lingers—money could not buy life, and no amount of effort could rewrite his fate.

A Lesson for Young Lives

Anush's passing is a call to action for every teenager. Health is the most valuable asset, and early care is essential. In the rush of life—education, friendships, and ambitions—health is often ignored, assumed to be invincible. But reality is different. Delayed medical attention, unnoticed symptoms, and neglect can lead to irreversible consequences.



Teenagers must be encouraged to:

- Prioritize health check-ups and seek timely medical advice.
- Maintain a balanced lifestyle with nutrition, exercise, and rest.
- Be aware of warning signs and never dismiss persistent pain or fatigue.
- Support each other in times of illness and encourage prompt medical care.

His story is not just one of loss, but of urgency.

- Never take health for granted.
- Listen to warning signs—pain, fatigue, persistent illness should never be ignored.
- Support each other—no one should fight illness alone.
- Time is precious—act before it's too late.



The loss of a young life is costlier than anything else—it is a sorrow that words cannot heal. But Anush's story serves as a lesson, urging us to protect and care for the young souls among us, reminding us that while some things in life are unavoidable, others—like timely medical attention—can make all the difference.

Anush is gone, but his memory must serve a purpose. Let his journey be the wake-up call that reminds us: delaying care costs lives. Health must be prioritized, because once time slips away, nothing—**not money, not effort, not even love**—can bring it back.

His absence is immeasurable. His loss, unbearable. But his story, **unforgettable**.

Yearly Report on Organic Farming and Livelihood Development by Mukti Malaya Koraput & Nabarangpur Districts & Self-Help Group Financial Assistance for Tribal Families

Introduction

Over the past year, Mukti Malaya has made significant strides in promoting organic farming as a sustainable livelihood option for marginalized farmers in Koraput and Nabarangpur districts. This initiative has empowered farmers, particularly in the Deomali surroundings, by providing financial assistance, education, and market support. The adoption of organic farming practices has not only improved agricultural yield but has also contributed to environmental conservation and economic independence.



Project Implementation and Impact

To support farmers in their transition to organic farming, Mukti Malaya provided seed money of **Rs. 3,000** to each participant, enabling them to start cultivation without financial burden. Farmers applied their newly acquired knowledge and skills diligently in paddy fields and kitchen gardens, resulting in **higher-than-expected yields**.



Key achievements in the past year include:

- Increased organic crop production, including rice, vegetables, and fruits.
- Enhanced soil fertility through natural composting methods.
- Reduced dependency on chemical fertilizers and pesticides, leading to healthier crops and safer food.
- Strengthened local economy through improved market connections, ensuring better income for farmers.

Farmers have not only benefited from their own success but are now actively **mentoring** other local farmers, expanding the reach of organic practices to new villages. Their willingness to share knowledge demonstrates the lasting impact of this initiative.

Benefits of Organic Farming

Mukti Malaya's efforts in promoting organic farming have led to several key advantages:

1. **Healthier Crops & Safer Food** – Organic produce is free from harmful chemicals, ensuring better health for consumers.
2. **Environmental Sustainability** – Natural farming methods improve soil quality, conserve water, and maintain biodiversity.
3. **Economic Growth** – Organic products often fetch higher market prices, boosting farmers' earnings.
4. **Resilient Farming Practices** – Natural techniques help crops withstand climate variations, reducing dependency on synthetic inputs.
5. **Stronger Community Bonds** – Farmers working together and mentoring others create a culture of shared knowledge and support.



Encouragement for Further Development

To sustain and expand this success, Mukti Malaya encourages farmers to:

- Innovate new organic methods, including multi-crop farming and herbal pest control.

- Explore **value-added products** such as organic spices and handmade farm products to increase earnings.
- Form cooperative groups to strengthen their market position and negotiate better prices.
- Engage in training programs that deepen their knowledge and refine techniques.
- Advocate for **organic certification** to access larger markets and premium pricing.

Conclusion



The journey of organic farming in Koraput and Nabarangpur has been inspiring, proving that sustainable agriculture is not just possible but highly rewarding. With continued efforts, these farmers will lead the way in transforming entire communities, making organic farming the cornerstone of rural prosperity.

Mukti Malaya remains committed to supporting farmers in their pursuit of sustainability and growth. As this movement gains momentum, its ripple effect will create lasting change, ensuring a brighter and healthier future for generations to come.

Report on Self-Help Group Financial Assistance for Tribal Families in Phulpadar

Introduction

In an effort to strengthen the livelihood of tribal families and empower them economically, **self-help group financial assistance** was provided to enhance agricultural productivity. This initiative has led to significant improvements in farm yields, enabling families to sustain themselves, contribute to the village fund, and support the construction of a **community hall in Phulpadar village**.

Objectives of the Initiative

The primary goals of this financial assistance program were:

1. **Enhancing Agricultural Productivity:** Supporting farmers with resources and techniques to improve crop yields.
2. **Economic Empowerment:** Helping tribal families become self-reliant and better manage their household finances.
3. **Community Contribution:** Encouraging families to donate agricultural products for the social work, fostering a spirit of giving.
4. **Community Hall:** Mobilizing support for the **construction of a new community hall** in Phulpadar through collective efforts.



Impact of the Financial Assistance



Since the introduction of self-help group funding, the following progress has been observed:

- **Increased Crop Yields:** Families have successfully expanded their

agricultural production, leading to greater food security.

- **Improved Financial Stability:** Sustainable farming practices have allowed families to maintain their livelihoods without external dependency.
- **Strengthened Community Support:** The community's generosity has enabled **consistent contributions of agricultural products**, aiding the self-help sustenance.



- **Successful Community Hall Construction:** Tribal families, now economically empowered, actively participated in **constructing the community building (see above the building photo)**, marking a significant milestone in faith-based community development.



Sustainability and Future Plans

To ensure long-term success, the initiative will focus on:

- **Providing advanced farming techniques** through training and workshops.
- **Expanding financial assistance** to include more tribal families in surrounding villages.
- **Encouraging self-sustaining agricultural projects** that further support the village's mission.
- **Strengthening community networks** to foster collective growth and stability.

Conclusion

This self-help group financial assistance program has transformed lives in **Phulpadar**, demonstrating the power of economic empowerment combined with faith-based action. The improved livelihoods of tribal families, their unwavering commitment in supporting the community benefit, and the successful **construction of the community hall** highlight the effectiveness of this initiative. Moving forward, continued investment in agricultural development and community support will ensure sustained growth and prosperity for all involved.

Together, we grow. Together, we thrive.

Some of the beneficiaries of Agriculture Support through Mukti Malaya



Herbal Garden in Schools Mukti Malaya Initiative

Introduction

Mukti Malaya has embarked on a transformative journey to introduce **Herbal Gardens** in government schools across Jeypore, Koraput, Semiliguda, and Pottangi blocks of Koraput district. This initiative, inspired by the concept of "**Ayush Garden**," aims to educate children about the medicinal benefits of herbal plants and their role in promoting health and treating common ailments. By integrating herbal gardens into school environments, students will develop a deeper understanding of nature's healing power and sustainable living.



Survey & School Participation

Over the past year, Mukti Malaya conducted an extensive survey involving **150 government schools** to assess feasibility, secure permissions, and plan implementation. Encouragingly, schools expressed strong interest in participating, recognizing the **educational** and **health** benefits of this initiative.

Implementation Strategy

The program is designed to span **three years**, ensuring long-term sustainability and engagement. The key components of implementation include:

- **Plant Distribution:** Each school will receive **20 herbal plants**, including Tulsi, Aloe Vera, Neem, Ashwagandha, and other medicinal varieties.
- **Student Awareness & Education:** Schools will integrate herbal knowledge into their curriculum, teaching students the health benefits and usage of medicinal plants.



- **Regular Care & Maintenance:** Mukti Malaya will provide **assistance and training** to school staff and students to care for the tender plants, ensuring proper growth.
- **Health Awareness Campaigns:** Interactive sessions will educate children on the importance of herbal medicine, making them more conscious of **natural healing practices**.



Impact & Expected Outcomes

By instilling a **hands-on learning** approach, this initiative is expected to yield significant benefits:

1. **Health Benefits** – Students will learn how common herbal plants can prevent and treat ailments like colds, digestive issues, skin diseases, and infections.
2. **Environmental Awareness** – Encouraging sustainable gardening practices helps foster a sense of responsibility towards nature.
3. **Skill Development** – Practical experience in planting and nurturing herbs will cultivate patience, teamwork, and agricultural knowledge among students.
4. **Community Influence** – As children carry this knowledge home, families and local communities will also be inspired to adopt herbal practices, creating a widespread impact.

Encouraging Further Development



To enhance the success of the program, Mukti Malaya encourages schools to:

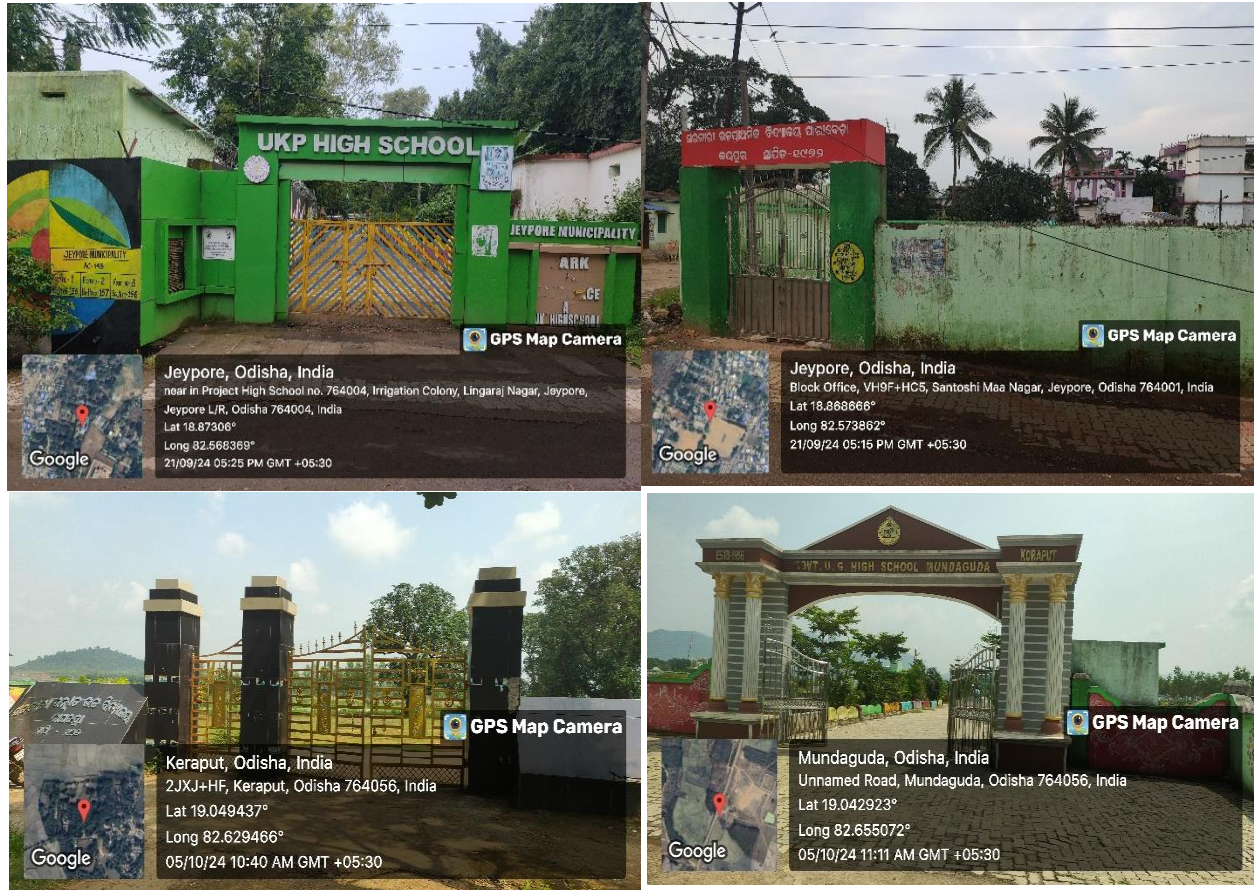
- Expand the garden by planting **additional medicinal species**.
 - Organize **herbal workshops** for both students and local community members.
 - Collaborate with healthcare professionals to educate children on **herbal remedies**.
- Explore small-scale **herbal product making** (such as medicinal teas, balms, and oils) to enhance practical learning.

Conclusion

Through the Herbal Garden initiative, Mukti Malaya is shaping the future of **health-conscious, environmentally responsible** students. This effort not only contributes to education but **empowers young minds** to embrace natural healing and sustainable agriculture.



With continued support and expansion, these herbal gardens will stand as **living classrooms**, nurturing knowledge, health, and a profound connection to nature for generations to come.



To further strengthen this endeavor, we are pleased to announce our collaboration with the **M. S. Swaminathan Research Centre, Jeypore**. This esteemed institution has extended its support in supplying herbal plants and imparting valuable knowledge to our students. Their expertise in herbal cultivation and research will significantly enhance the depth of learning and practical exposure for our young scholars. We look forward to working together in this meaningful venture, ensuring that the herbal garden continues to thrive as a beacon of sustainable education and scientific curiosity.

Guided by educators and specialists, students have gained hands-on experience in organic cultivation techniques, identifying medicinal properties, and exploring their practical applications. The initiative has not only enriched their scientific knowledge but also instilled a sense of responsibility towards environmental conservation. This version integrates the partnership smoothly while maintaining a strong and engaging narrative. Let me know if you'd like further refinements!

Together, we plant. Together, we grow. Together, we heal.

Rising Beyond Circumstances: Madhusmita Mallick's Journey to Success

Born into a family that struggled to make ends meet, Madhusmita Mallick had dreams that often felt beyond her reach. Growing up in a financially challenging environment, she understood early on that achieving her aspirations would require extraordinary determination and resilience. Yet, her passion for beauty and wellness remained unwavering—she envisioned herself creating transformations not just in appearances but in confidence and self-esteem.



Her journey took a significant turn when she joined the **World Skill Centre (WSC) in Bhubaneswar**, where she enrolled in a beauty parlour training course. While the opportunity to learn a professional skill was a major step forward, the financial strain remained a hurdle. It was then that **Mukti Malaya stepped in**, offering financial assistance for her essential requirements. Meanwhile, WSC recognized her potential and awarded her a scholarship, ensuring that financial barriers wouldn't hold her back from completing the course.

With unwavering support from her benefactors, Madhusmita thrived in her training. She learned the artistry of skincare, and hairstyling, mastering the techniques required to build a successful career. But beyond skills, she gained confidence—the real world.



After completing her training, Madhusmita took the bold step of launching herself into the beauty industry. Whether working at a salon or planning to start her own venture, she is determined to build a livelihood that ensures financial stability and uplifts her family. More than just a profession, beauty parlour training has become her gateway to independence, dignity, and success.

Her story is one of grit, perseverance, and transformation—proof that dreams can flourish even in the face of adversity. Today, Madhusmita stands as a shining example of how financial aid and education can change lives. **Her success is not just hers alone—it belongs to the people who believed in her, supported her, and helped her carve her destiny.**

For donors and supporters, Madhusmita's journey is a testament to how their generosity directly fuels empowerment. Every contribution creates a ripple effect, enabling young women like her to rise beyond circumstances and build a future they once thought impossible.

She is more than just a student; she is an inspiration. And this is just the beginning of her story.

Awareness Programs for Cattle Care, Income Generation, and Sustainable Agriculture

Introduction



Building upon the successes of the previous year, Mukti Malaya NGO continued its mission in 2024-25 to raise awareness on cattle care, income generation, and sustainable agriculture. These programs aimed to equip farmers and cattle owners with practical knowledge to enhance livestock health, increase financial stability, and promote eco-friendly agricultural practices. This year's initiatives saw expanded participation, improved methodologies,

and greater impact across communities.

1. Awareness on Cattle Care

Objective

The program educated farmers on effective cattle management, disease prevention, and improving livestock productivity through better nutrition and healthcare.

Execution

- **Veterinary Health Camps:** Experts provided free check-ups, vaccinations, and consultations for livestock.
- **Workshops on Nutrition & Hygiene:** Farmers learned how to maintain balanced diets for cattle and prevent illnesses.
- **Innovative Techniques for Dairy Farming:** Sessions covered modern feeding methods, milk production enhancement, and waste management.

Impact

- **Personal Level:** Farmers gained deeper insights into cattle health, leading to improved livestock well-being.
- **Family Level:** Increased milk production contributed to better household nutrition and additional income sources.
- **Community Level:** Stronger cattle health reduced disease outbreaks, positively affecting the local economy.

2. Income Generation Initiatives

Objective

To empower farmers and rural communities with new income streams by introducing business opportunities and financial management strategies.

Execution

- **Skill-Based Training:** Farmers received hands-on coaching in dairy product processing, organic fertilizers, and small-scale business operations.
- **Microfinance Awareness:** Information on government schemes, loan accessibility, and saving techniques.
- **Marketing Assistance:** Guidance on branding, packaging, and selling agricultural and dairy products in urban markets.

Impact

- **Personal Level:** Increased financial security through diversified income sources.
- **Family Level:** Better economic stability allowed families to invest in education and healthcare.
- **Community Level:** Growth in local enterprises strengthened rural economies.

3. Sustainable Agriculture Practices

Objective

Encouraging farmers to adopt environment-friendly techniques for long-term agricultural prosperity.

Execution

- **Organic Farming Workshops:** Training sessions on biofertilizers, crop rotation, and water conservation.
- **Climate Adaptation Training:** Experts educated farmers on sustainable solutions to tackle changing weather patterns.
- **Community Farming Initiatives:** Encouraged collective farming for shared resources and productivity improvements.



Impact

- **Personal Level:** Farmers experienced higher yields and reduced dependency on chemical fertilizers.

- **Family Level:** Improved sustainability ensured food security for households.
- **Community Level:** Eco-conscious practices helped in preserving biodiversity and reducing environmental degradation.

Conclusion

The 2024-25 awareness programs organized by Mukti Malaya NGO made significant strides in transforming rural livelihoods. Through comprehensive efforts in cattle care, income generation, and sustainable agriculture, the NGO empowered communities with the knowledge and skills necessary for long-term economic and environmental success. This initiative continues to reinforce self-sufficiency and resilience, ensuring a prosperous future for farmers and their families.

Children's Day Program

Introduction

Mukti Malaya NGO successfully conducted a **Children's Day program** in 2024, aimed at nurturing young minds through **talent development, moral education, obedience, personal hygiene, educational games, and inspiring biographies of great personalities**. The event emphasized the importance of **building children's character from an early age** to help them grow into responsible, disciplined, and well-rounded individuals. The impact of this initiative extended beyond the event itself, motivating multiple villages to replicate similar activities and reinforce child development efforts.



Mrs. **Tiki Bahadur** and **Mousumi Ganda** served as expert resource persons, guiding children on various aspects of personal and intellectual growth.

1. Encouraging Children's Talents

Objective

To provide children with a platform to showcase their skills in **music, art, storytelling, and other creative pursuits** while boosting their confidence.

Execution

- **Talent Showcases:** Children performed music, dance, and art exhibitions.
- **Creative Workshops:** Sessions on painting, storytelling, and public speaking were held.
- **Motivational Speeches:** Experts encouraged children to recognize and develop their unique strengths.

Impact

- **Personal Level:** Boosted self-confidence and improved self-expression among children.
- **Family Level:** Parents became more supportive of their children's talents.
- **Community Level:** Local leaders initiated more programs to nurture young talent.

2. Moral Life Education and Obedience

Objective



To instill strong moral values and discipline in children, helping them develop responsible behavior and respect for elders.

Execution

- **Lessons on Ethics and Honesty:** Children were taught the importance of truthfulness, empathy, and respect.
- **Storytelling on Values:** Engaging moral tales illustrated the significance of good character.
- **Role-Playing Activities:** Scenarios helped children practice obedience, kindness, and respect.

Impact

- **Personal Level:** Children exhibited better discipline and emotional intelligence.
- **Family Level:** Strengthened parent-child relationships through improved obedience and respect.
- **Community Level:** Schools and families reinforced moral education in daily life.

3. Hygiene Awareness – Cleanliness of Nails, Hands, and Hair

Objective

To educate children on the importance of cleanliness for better health and hygiene.

Execution

- **Interactive Cleanliness Training:** Demonstrations on **proper handwashing, nail care, and hair maintenance.**
- **Hygiene Kits Distribution:** Children received soap, nail cutters, and hair combs.
- **Fun Activities:** Games and quizzes made learning about hygiene engaging.

Impact

- **Personal Level:** Improved hygiene habits among children.
- **Family Level:** Parents ensured better cleanliness routines at home.
- **Community Level:** Schools adopted stricter hygiene practices.

4. Educational Games

Objective

To stimulate children's intellect and teamwork skills through interactive and knowledge-based games.

Execution

- **Puzzle Solving & Brain Games:** Strengthened problem-solving skills.
- **Team-Based Challenges:** Fostered collaboration and sportsmanship.
- **Reward-Based Learning:** Encouraged active participation and motivation.

Impact

- **Personal Level:** Enhanced cognitive development and teamwork ability.
- **Family Level:** Families adopted structured playtime for intellectual growth.
- **Community Level:** Villages initiated local play areas for children.

5. Inspiring Children Through Biographies of Great Personalities

Objective



To introduce children to the lives of influential leaders, inspiring them to adopt positive qualities and strive for excellence.

Execution

- **Story Sessions:** Children learned about **Mahatma Gandhi, Swami Vivekananda, and Dr. A.P.J. Abdul Kalam.**
- **Interactive Discussions:** Encouraged reflections on lessons from great figures.
- **Leadership Development Exercises:** Activities helped children emulate leadership values.

Impact

- **Personal Level:** Strengthened ambition and goal-setting skills among children.
- **Family Level:** Parents encouraged reading about inspiring individuals.
- **Community Level:** Libraries and storytelling clubs were established.

6. Character Building and Community Impact

Objective

To ensure children grow with **strong ethical values, discipline, and purpose-driven attitudes** while encouraging villages to prioritize child development.



Execution

- **Workshops on Character Building:** Focused on **honesty, perseverance, and kindness.**
- **Community Engagement:** Villages replicated similar programs to sustain learning.
- **Follow-up Initiatives:** Parents and teachers continued lessons beyond the event.

Impact

- **Personal Level:** Children displayed improved discipline and integrity.
- **Family Level:** Strengthened moral teachings at home.

- **Community Level:** Inspired more villages to integrate **child-focused programs** into their development plans.

Conclusion

The **Children’s Day program** organized by Mukti Malaya NGO proved to be an invaluable effort toward shaping the **future generation**. Through **talent nurturing, moral education, discipline, hygiene awareness, educational games, and inspiration from great leaders**, the program enriched children's minds and reinforced the importance of **character-building from childhood**. Its impact extended beyond the event, motivating several villages to organize similar initiatives, ensuring no child is left behind in their formative years.



Human Rights Awareness Program

Introduction

Mukti Malaya NGO successfully conducted two **Human Rights Awareness Sessions for 50 community leaders**, with the valuable guidance of **Birendra Oran**, Director of the **Human Rights Odisha Chapter**, and his team. The sessions focused on the **basic individual rights prescribed by the United Nations (UNO)** and encouraged participants to claim and stand for their rights without fear. Through meaningful interactions, participants engaged in discussions on the rights that the government should ensure for all its citizens but which many marginalized communities are deprived of.



The impact of these sessions as leaders took the knowledge **educate and train others**, mission of advocating for



extended beyond the event itself, gained back to their villages to furthering Mukti Malaya NGO’s human rights among **innocent tribal and underprivileged communities**. This report captures the essence of the program, its key themes, participant interactions, and its long-term significance.

1. Understanding the Basics of Human Rights as Defined by the UNO

Objective

To provide participants with a **comprehensive understanding of the universal human rights outlined by the United Nations**, ensuring they recognize their fundamental freedoms and protections.

Execution

- **Presentation on the Universal Declaration of Human Rights (UDHR):** Explained the **30 basic human rights**, including the **right to equality, freedom of speech, education, healthcare, and protection from exploitation**.
- **Interactive Discussions:** Participants **shared real-life challenges** faced due to human rights violations and sought ways to advocate for justice.
- **Legal Framework Education:** Highlighted **national laws and government policies** that protect citizens but remain **inaccessible to underprivileged communities**.

Impact

- **Personal Level:** Enhanced awareness among participants regarding **rights they are entitled to**.
- **Community Level:** Encouraged leaders to **educate their villages**, ensuring **rural communities** understand their legal protections.
- **Social Change:** Strengthened efforts in **advocating against discrimination and injustice**, empowering individuals to **demand their rights without fear**.

2. Participant Interactions on Deprived Rights

Objective

To **engage participants in critical discussions** on human rights violations and encourage them to **voice concerns and propose solutions**.

Execution

- **Group Discussions:** Participants reflected on **human rights concerns** affecting their communities, such as **denied access to education, healthcare, land ownership, and fair wages**.
- **Personal Testimonies:** Individuals shared **real experiences of discrimination, exploitation, and negligence by authorities**.
- **Legal Awareness and Advocacy Training:** Experts guided participants on **approaching local authorities, filing grievances, and utilizing legal channels** to uphold their rights.

Impact

- **Personal Level:** Empowered individuals to **assert their rights confidently** and seek legal assistance when needed.
- **Community Level:** Participants committed to **conducting training sessions** in their villages to educate others about their entitlements.
- **Government Accountability:** Inspired leaders to **engage in policy discussions**, urging local governments to **implement human rights protections more effectively**.

3. Strengthening Mukti Malaya's Commitment to Human Rights Education



Objective

To ensure that Mukti Malaya NGO continues to **expand human rights awareness programs annually to reach more vulnerable communities**.

Execution

- **Expansion Plans:** Mukti Malaya **aims to extend sessions to more villages** with structured awareness campaigns.
- **Collaboration with Experts:** Future programs will include **legal advisors, human rights activists, and government officials** to strengthen community empowerment.
- **Community-Led Workshops:** Leaders trained in this session will **organize grassroots-level education initiatives**, ensuring **continuous learning and advocacy**.

Impact

- **Long-Term Knowledge Sharing:** Sustained awareness programs will **equip marginalized communities with lifelong human rights knowledge**.
- **Community Empowerment:** Increased **confidence among citizens** in standing up against injustices.
- **Policy Influence:** Greater **pressure on authorities** to implement effective social protections.

Conclusion

The **Human Rights Awareness Program** conducted by Mukti Malaya NGO was **a milestone in empowering rural and tribal leaders** with essential knowledge on **basic rights guaranteed by the UNO**. The insightful discussions led by **Birendra Oran and his team** equipped participants with **practical ways to claim their rights fearlessly**, while also shedding light on the **government's failure to ensure equal rights for all citizens**.



The **ripple effect** of this initiative is already visible, as participants **carry their learnings into their communities**, initiating **education, advocacy, and grassroots action**. Mukti Malaya's commitment to **hosting annual human rights programs** continues to shape a **more informed, assertive, and rights-conscious society**, ensuring every individual—especially the underprivileged—knows and claims their rightful protections.

Youth Leadership, Skill Development, and Personality with Time Management

Introduction



Mukti Malaya NGO has successfully conducted three impactful youth meetings focused on leadership, skill development, and personality with time management. These programs aimed to empower young individuals with essential life skills, foster confidence, and instill effective time management practices, ultimately benefiting them on personal, family, and societal levels. This report provides a detailed overview of the meetings, their objectives, execution, and extensive benefits.

1. Leadership Development Program

Objective

The leadership program was designed to nurture young minds with the ability to lead effectively, take responsibility, and drive positive change in their communities. It focused on enhancing problem-solving skills, decision-making abilities, and fostering teamwork.



Execution

- **Workshops on Leadership Skills:** Sessions covered strategic thinking, emotional intelligence, and ethical leadership.
- **Interactive Case Studies:** Participants analyzed real-world leadership challenges and proposed solutions.
- **Leadership Simulation Activities:** Exercises included role-playing as leaders in diverse scenarios.

Impact

- **Personal Level:** Youth gained self-confidence, learned how to inspire others, and cultivated resilience.
- **Family Level:** Improved communication skills helped individuals strengthen relationships with family members.

- **Societal Level:** Many participants took initiatives in local community projects, leading to greater social engagement.

2. Skill Development Program

Objective

This initiative aimed to equip youth with crucial technical and vocational skills to enhance their employability and prepare them for the evolving job market.

Execution

- **Hands-on Training:** Sessions on communication, teamwork, digital literacy, entrepreneurship, and industry-specific skills.
- **Guest Lectures:** Experts from various fields provided insights on professional development and career readiness.
- **Internship and Mentorship Opportunities:** Participants connected with professionals for guidance and industry exposure.



Impact

- **Personal Level:** Increased confidence in abilities and a clearer career path.
- **Family Level:** Economic upliftment through skill-based employment opportunities.
- **Societal Level:** Enhanced workforce quality, driving economic growth and innovation.

3. Personality Development and Time Management Program

Objective

This program was designed to help individuals build their personality, boost self-esteem, and cultivate time management skills for personal and professional success.

Execution

- **Self-Assessment Activities:** Exercises on self-reflection to identify strengths and areas for improvement.
- **Time Management Workshops:** Training on prioritization, scheduling, and avoiding procrastination.
- **Confidence Building Exercises:** Public speaking, stress management techniques, and networking skills enhancement.

Impact



- **Personal Level:** Increased self-awareness, reduced stress, and better productivity.
- **Family Level:** Stronger relationships and better work-life balance.
- **Societal Level:** More responsible, efficient, and proactive youth contributing to the community.

Conclusion

The youth meetings conducted by Mukti Malaya NGO have had a profound impact on participants, helping them develop leadership qualities, acquire essential skills, and refine their personalities with effective time management. These programs have not only empowered individuals but have also strengthened their families and positively influenced their communities. By fostering growth in leadership, skills, and personal development, Mukti Malaya NGO continues to be a catalyst for youth empowerment and social advancement.

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